Experiences of people aged 50 or over in Wales during the Covid-19 lockdown





This survey is for people aged 50 or over across Wales, and is being undertaken by key organisations that represent older people.

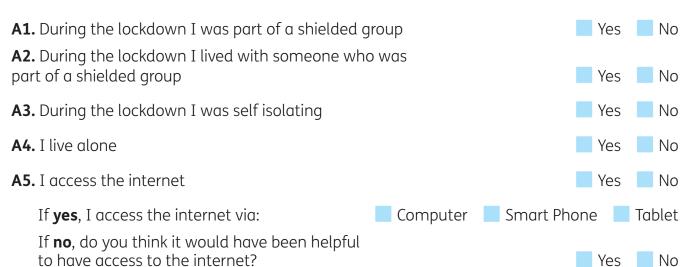
It is important that Welsh Government and others hear from older people about their experiences of the lockdown and the impact that this has made on them.

This survey will take **15 minutes** to complete.

Your response is anonymous.

Thank you for your support in completing this survey.

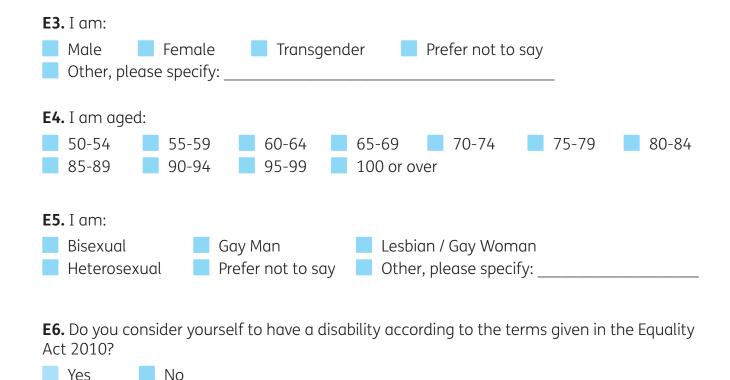
A. Lockdown



. Your experiences during	lockdown		
B1. How have you been accessing (Select any that apply)	g information and updates about the lockdown?		
TV news	Online		
Radio	Local newspaper		
Via friends / family	National newspaper		
Via your care worker	I don't receive regular information		
Other, please state:			
	done to improve communication regarding Covid-19 and consistency, impact on Wales, non-web based, terminology		
B3. What have been your positive	e experiences during lockdown?		
Help from family / friends	Help from local community / local Council		
Improved quality of life	More time		
Less pressure	Other, please state:		
Please explain:			
B4. What have been the challeng	ging experiences for you during the lockdown		
Not seeing family / friends	Caring for a spouse / friend / relative		
Bereavement or grief	Loneliness		
Impact on emotional health	Impact on physical health		
Accessing food	Accessing prescriptions		
Cost of living	Exercising individual rights		
Transport	Scams or abuse		
Access to cash	Other, please state:		

ing lockdown had on you?
aged negative very negative
th or social care you need as we move out of intment, visit from carer / social worker, help wi
down eases? (e.g. seeing family / friends, p with gardening / house maintenance)
Having a haircut
Going out
Travel
_
House maintenance

	4. What would support you to engage with your local community as lockdown eases? ocalised information, someone to chat to, facilities open / accessible, to meet more people, olunteering)				
	C5. Are there any further co restrictions or potential intro			easing of lockdown	
D. 3	Is there anything el	se you would like	e to let us know?		
	About you (please tick o	ıs appropriate)	, • • • • • • • • • • • • • • •	•	
	Blaenau Gwent Carmarthenshire	Bridgend Ceredigion	Caerphilly Conwy	Cardiff Denbighshire	
	Monmouthshire Powys	Gwynedd Neath Port Talbot Rhondda Cynon Taff Wrexham	Isle of Anglesey Newport Swansea	Merthyr Tydfil Pembrokeshire Torfaen	
	Monmouthshire Powys	Neath Port Talbot Rhondda Cynon Taff Wrexham	Newport	Pembrokeshire	



The Equality Act 2010 defines a person as disabled if they have a physical or mental impairment, which has a substantial and long term adverse effect on the person's ability to carry out normal day-to-day activities.

Please return the completed survey form to

Age Cymru, Freepost RLTL-KJTR-BYTT, Ground Floor, Mariners House, Trident Court, East Moors Road, Cardiff CF24 5TD or by email to enquiries@agecymru.org.uk

By 1 September 2020.

If you need any further support please contact:

Age Cymru Advice: 08000 223 444

C.A.L.L: 0800 132 737

Cruse: 0808 808 1677

Hourglass Cymru: 0808 808 8141

Samaritans: 116 123

Silverline: 0800 4 70 80 90















Your details will be kept on a secure database and we will not share your details with any organisations unless required by law.